

Preparing For Finals

Workshop provided by the Counseling Center



Know what you need to know then apply these action steps:

1. Make a detailed plan in your planning tools
2. Organize your course materials and study tools
3. Develop a study plan
4. Carry through with your plan
5. Remember the basics of self-care

To request accommodations for or advertisements about this event in an alternate format, contact the Center for Accessible Resources at [541-463-5150](tel:541-463-5150) or accessibleresources@lanecc.edu (link sends e-mail) in advance. Some accommodations may take additional time to arrange

Day	Date	Time	Select link to register for a Zoom session
Wednesday	November 25th	3:00 pm	Registration link
Monday	November 30th	2:00 pm	Registration link
Wednesday	December 2nd	3:00 pm	Registration link
Thursday	December 3rd	2:00 pm	Registration link
Friday	December 4th	12:00	Registration link