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After reading the third section in Christian Appy's book "Patriots," one of the common threads I found was, "sacrifice for duality." The Vietnam conflict to me brought about a lot of separatism in the United States. The United States became split into the "Hawks" and the "Doves." Antiwar protests created a lot of emotional anger towards the United States involvement in Vietnam. Although, at the time, most Americans didn't even know why we were even over there, including the soldiers themselves. The protests seem to escalate people's emotions over the war and I believe that Norman Morrison believed so strongly, that America's actions in Vietnam were of unjust cause, that he ultimately "sacrificed for duality" and immolated his body in front of the Pentagon.

When I can upon the "Ultimate Protest," I found it heartbreaking to see a man like Norman Morrison believe in something so profoundly that he would sacrifice his life for people he never meet, a country he had never traveled, and for American soldiers dying for our own government's cause. I believe that Norman Morrison's immolation had a profound impact on the people in Vietnam, America, perhaps all over the world. So profound, that the Vietnamese people thought Norman gave his life for them (pg. 151 Patriots.) For his family the sacrifice seems a sad way to die. A sad way for his children to grow up and know what he had done to himself. He "sacrificed for duality," and with that he sacrificed being a father to his children and husband to his wife. He gave the ultimate sacrifice for something he believed and although, profound and touching for many, devastating for his family and loved ones.

Other people who were involved in the Vietnam Conflict "sacrificed for duality" in ways other than sacrificing their lives. In some ways the war caused a lot of people to change their duality because of their certain duties that were given to carry out, while on tour or duty. When it came to Triage some nurses and doctor's had to make decisions pertaining to human life. In many circumstances in the United States we do have a value of life system set in place. Children who go to the emergency room usually have priority over other people that are of elder age. In war the value of life falls on nurses and doctor's to make decisions on what life is important in saving first and so on. When reading Sylvia Lutz Holland's story in seemed that there were certain rules and duties that she understood and obeyed. I believe if she would have been a nurse in a hospital in America she never would have left a baby to die in the trash breathing and alive. Her "sacrifice for duality," I believe was for the American soldiers that she posed a duty to. She was a nurse wanting to help as many people has she could, but her obligation first and for most was for the wounded American soldiers. In her mind that meant that if a baby was born premature and needed oxygen, the oxygebwouldn't be available because it was reserved for incoming soldiers. Then if she saved the baby that would be one less oxygen tank for a soldier and he would ultimately die. It saddens me that in war a Vietnamese babies life was discarded so abruptly, when there was a small chance it could have not been premature and didn't even need the oxygen. In America this would be immoral and a hateful act upon humanity, were being in Vietnam she felt she had no other choice. She believed that by sacrificing the baby this meant saving an American soldiers life that was more valuable at the time. Sylvia Holland helped hundreds of American soldiers who had been wounded serving their tour in Vietnam. She also helped many innocent Vietnamese and even Viet Cong. War can change the morals and people end up "sacrificing for duality" because at the time, it is what they honor and believe.

Many Vietnamese were honorable to their nation even as POW's. Truon My Hoa, "sacrificed for duality" by staying devote to her nation by sacrificing her freedom. She was only suppose to be imprisoned for eleven months and instead she was imprisoned for eleven years. With her "sacrifice for duality," came prolonged torture. She was kept in small cages called tiger cages. She wasn't allowed to bathe for a year and was pretty much naked for a good portion of a year. She till held on to her duality after being told that all she had to do was solute our flag or condemn communism.(Patriots, pg 230.) She overcame the torture and life in prison through her sacrifice and helped build a school in the prison. I find it quite profound that Norman Morrison's self immolation had moved her while she was imprisoned. Her prison had dedicated a minute of silence to Norman for his sacrifice. Her own sacrifice I believe gave Norman Morrison's sacrifice so much meaning, because in some ways they both sacrificed duality for the same cause.

All of these stories had one thread in common and it is "sacrifice for duality". Although, some were more drastic then others, they all three sacrificed for what the strongly believed in and all of them sacrificed a part of themselves for a cause that they would die for.

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